



NATIONAL CENTRE FOR
**FARMER
HEALTH**

Health and Lifestyle Assessments

**FREE
HEALTH
CHECK**



The 20-minute Health and Lifestyle Assessment is conducted by an agri-health professional.

The Assessment Includes:

- Blood cholesterol test
- Blood glucose test
- Blood pressure test
- Eyesight check
- Height, weight and waist measurement
- Information on your health, wellbeing and safety status and how to improve it

National Centre for Farmer Health is providing **FREE** health checks at Elmore Field Days 2023

Come see us @

**Agriculture
Victoria
Marquee
Site 349**

PO Box 283
Hamilton Victoria 3300 Australia
T +61 (3) 5551 8533 E ncfh@wdhs.net in partnership with
www.farmerhealth.org.au
Find us on   



wdhs
Western District
Health Service

