

Weekly Rainfall  
Recordings (mm)

Location	mm
Bairnsdale	15
Bendoc	N/A
Bruthen	14
Buchan	N/A
Buchan East	7.5
Cabbage Tree	N/A
Cann River	N/A
Combienbar	9
Crooked River	15
Dargo	N/A
Ensay	4
Gabo Island	16
Gelentipy	2
Glenaladale	13
Hinnomunjie	19
Jarrahmond	N/A
Lakes Entrance	18
Lucknow	N/A
Mallacoota	14
Marlo	3
McKillops Bridge	0.2
Meerlieu	N/A
Metung	14
Mount Hotham	112
Mount Hotham AP	24
Mount Nowa Nowa	10
Omeo	12
Orbost	10
Sale	23
Sarsfield	N/A
Stratford	19
Wairewa	N/A
Waterford	13

\* READERS ARE WELCOME TO SUBMIT  
THEIR WEEKLY RAINFALL AS AT 9AM  
MONDAYS BY PHONE OR EMAIL.

Checking in with farmers

Bairnsdale Neighbourhood House hosted a community barbecue for farmers last week as part of a program designed to check-in with farmers.

The National Centre for Farmer Health, Red Cross, the National Emergency Management Agency, the Rural Financial Counselling Service and the East Gippsland Shire Council were involved in the event.

The National Centre for Farmer Health was founded in 2008 by the Victorian Government's Future Farming Strategy and the Helen and Geoff Handbury Trust in partnership with Deakin University and is designed to make a difference to farmers lives.

Program coordinator, Tracey Hatherell, said farmers are often under stress and have had a particularly hard time in East Gippsland since the Black Summer Bushfires of 2019/20.

"They've been through so much and often they don't take time for themselves, so this day is designed to offer them that



Pictured at the Farmer Check-In Community BBQ are Tracey Hatherell from the National Centre for Farmer Health, Joe Rettino representing the National Emergency Management Agency, Gippsland Jersey's Sallie Jones, Gippsland farmer Steve Ronalds and Leanne Jennings from the Bairnsdale Neighbourhood House. K367-8221

oppaortunity," Ms Hatherell said. "People do get overwhelmed, so this is really to let them know we're here to help." As well as enjoying a barbecue and a milk shake

from Gippsland Jersey, the farmers were able to undergo a complimentary health check. "We try to get farmers to think about their own health and safety as that's an important part of the farming

business," Ms Hatherell said. She says it's not always male farmers neglecting their health, "women do as well". Ms Hatherell said "people are more open to having a health check at events like this".

Freshwater limousin sale

**Freshwater Limousin and Carcase Cattle has eight limousin bulls ranging in age from 15 to 28 months, red and black, all grass-fed, most polled, for sale.**

Sired by FW Leo & FW Minimise, the bulls have proven their worth over the years with top performance, topping the prime calf sales and winning hoof and hook competitions. Freshwater calves have won the Royal Geelong show Hoof and Hook competition three times in the past 10 years.

"We are continually striving to improve our cattle with genetics that really produce

what the butcher wants, high eye muscle, covering of fat even over those big rumps," Dianne Freshwater said.

"Our latest bull purchase had the highest intramuscular fat EBVS for limousins we had seen at the time, and temperament is so important to us, We don't tolerate nervous edgy cattle, quiet cattle, apart from the handling, gain weight so much quicker and easier.

"We find the US Genetics suit our commercial cattle business with all cattle now carrying the ROMN and Wulfs bloodlines. Our most recent bull purchase is by Wulfs Excelsior, a bull in the US that

won a feedlot feed conversion trial, taken over the stock of 150 bulls (12 limousins). Excelsior's stock beat every breed.

"We firmly believe in having a cow herd that can really produce, all are monitored and culled on calfs performance, we have some cow superstar bloodlines in Lloyds polled Wanda, Mandayen Abigail and Virginia represented in the herd.

"We know people tend to be loyal to their particular breed, but 25 to 50 kilo weight advantage thru hybrid vigour is not to be overlooked by the commercial grower.

Inspection most welcome (see advertisement page 3)."

**BILL WYNDHAM & CO.**  
LIVESTOCK & REAL ESTATE

**FORTHCOMING SALES**

Thursday, October 20	Prime Cattle Sale
Friday, October 21	Store Cattle Sale
Friday, October 27	Prime Cattle Sale
Monday, October 31	Sheep & Lamb Sale
Thursday, November 3	Prime Cattle Sale
Friday, November 4	Store Cattle Sale
Thursday, November 10	Prime Cattle Sale
Monday, November 14	Sheep & Lamb Sale
Thursday, November 17	Prime Cattle Sale

**UPCOMING**

**Clearing Sale** - Tuesday November 8, 10am  
280 Boundary Road, Bengworden

**PRIVATE SALES**

Stud Angus Bulls, 12-18 mths & 3 Poll Simmental Bulls, 20-30 mths  
**Bill Downey 0409 038 280**

**WANTED**

Long term broad acres to lease beef cattle  
**Colin Jones 0400 830 531**

**Offering over 200 years of combined livestock experience**

	<b>Mick O'Callaghan</b> Agent/Livestock Sales 0447 258 515
	<b>Chris Connley</b> Agent Omeo/Benamبرا 0437 065 468
	<b>Tom King</b> Agent Swifts Creek 0418 195 991
	<b>Bill Downey</b> Livestock Salesman 0409 038 280

 <b>Michael Capes</b> CEO/Manager 0418 514 258	 <b>Colin Jones</b> Livestock Manager/ Auctioneer 0400 830 531	 <b>Gerard Ogilvie</b> Livestock Salesman 0408 530 533	 <b>Jake Fullgrave</b> Auctioneer/Livestock Salesman 0437 999 943	 <b>Brent Coster</b> Auctioneer/Livestock Salesman 0455 966 336	 <b>Bill Downey</b> Livestock Salesman 0409 038 280
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