

FARMING A BRIGHTER FUTURE: CHALLENGING BOUNDARIES TO FARMER HEALTH, WELLBEING AND SAFETY

8 - 9 SEPTEMBER 2022

DAY 1 - 8 SEPTEMBER 2022

SYMPOSIUM WELCOME 2:30PM

MC: Kirsten Diprose - Torquay Room / Estate Lawns (weather permitting)

WELCOME TO COUNTRY 2:30PM - 2:40PM

OPENING PRESENTATIONS 2:45PM

- Greg Walcott (NCFH Board Chair)
- Dr. Gary Rogers (Deakin University)
- Dr. Alison Kennedy (NCFH)
- Dr. Susan Brumby (NCFH)

PANEL SESSION 1:

The power of communication: Influencing engagement and health, wellbeing and safety through media messaging

3:30pm - 5:00pm
Torquay Room

Chair: Rohan Fitzgerald (Western District Health Service)

- Dr. Timo Dietrich (Griffith University)
- Cathie Schnitzerling (ABC Landline)
- Rob McRae (Auschem Training Board Member/Chair)

This panel will include a presentation and discussion from media/social media, communications, training and social marketing to explore how to engage effectively with farming populations and how using appropriate content, language and imagery can represent diversity, avoid stereotypes, and support and promote health, wellbeing and safety.

- Annabelle Macgugan (NCFH)
- Alex Thomas (Founder of #plantaseedforsafety)

Networking Dinner - Waurn Ponds Estate, Deakin University | Lounge Area - 6:30pm

Join us for a conversation with **Alex Thomas**, multi award winning Farm Safety advocate, S.A. Rural Woman of the Year 2018, Founder of #PlantaSeedforSafety

Hosted by MC **Kirsten Diprose**

ALEX THOMAS | #PLANT
a seed for SAFETY

DAY 2 - 9 SEPTEMBER 2022

PANEL SESSION 2:

**Mental health in agriculture:
From understanding risk to improving pathways to support**

9:00am - 10:30am

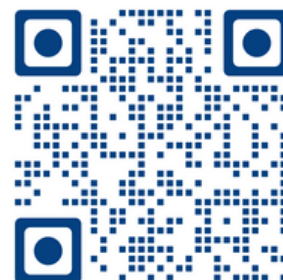
Torquay Room

Chair: Kirsten Diprose

- Lauren Stracey (Rural Aid)
- Dr. Alison Kennedy (NCFH)
- Rebecca Marshall (WorkSafe Victoria's WorkWell Mental Health Improvement Fund)
- Dr. Joanna Macdonald (NCFH)
- Kelly Barnes (Founder of Mates Working Dog School)

This panel session will include presentation and discussion with researchers, educators and service providers to highlight current and emerging risks to farmer mental health and demonstrate approaches to preventing, mitigating and responding to risk through education/training, tailored resource development and service provision.

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CONCURRENT SESSION 3.1: Think locally, act globally: breaking down barriers and scaling opportunities for growth in agricultural health, wellbeing and safety

11:00am - 12:30pm
Torquay Room
Chair: Sarah Crosthwaite (NCFH Advisory Group)

This collection of presentations will showcase efforts to (i) understand and positively shift culture, and (ii) maximise scalability of effort to ensure a broader shift in attitudes, behaviour and health, wellbeing and safety outcomes for farming populations across Australia and internationally.

- Dr. Jacquie Cotton (NCFH)
- Dr. Lisa Cowan (Agriculture Victoria)
- Dr. Amity Latham (NCFH)
- Sally Cunningham (NCFH)
- John Darcy (Making our Farms Safer (VFF))

CONCURRENT SESSION 3.2: Reaching the 'hard to reach': Increasing impact through co-design and collaboration

11:00am - 12:30pm
Anglesea Room
Chair: Heather Fleming (NCFH Advisory Group)

This collection of presentations will showcase research and service initiatives that have been either (i) co-designed with farmers, community and industry to increase their applicability and engagement with farming populations, or (ii) developed collaboratively with industry and community partners. Presenters will discuss findings, reflect on lessons learned and share recommendations for ongoing or future work.

- Sally Cunningham (NCFH)
- Kelly Barnes (NCFH)
- Dr. Alyna Turner (Deakin IMPACT)
- Susan Scarr (Connect Well)
- Kim McDonnell (Thankful for Farmers)

CONCURRENT SESSION 4.1: Rural workforce recruitment, retention and capacity building to support farmer health, wellbeing and safety

1:15pm - 2:45pm
Torquay Room
Chair: Greg Walcott (NCFH Board Chair)

This collection of presentations will explore rural workforce capacity building from numerous angles, farm recruitment and retention, through to cultivating workforce knowledge and competency when engaging with farming communities about health, wellbeing and safety. The session will incorporate the various perspectives of researchers, educators, employers and employees.

- Dr. Cath Cosgrave (Cath Cosgrave Consulting)
- Dr. Jacquie Cotton (NCFH)
- Louise Scott (GCAHM Graduate)
- Fiona Whale (Rural Bank)
- Lauren McDonald (Psychologist/Rural Health and Stress Trainer)
- Cecilia Fitzgerald (NCFH)

CONCURRENT SESSION 4.2: Building rural workforce capacity through supporting rural research pathways

1:15pm - 2:45pm
Anglesea Room
Chair: Hugh Macdonald (NCFH Advisory Group)

This session will showcase a selection of Honours and HDR student projects covering a range of rural and farmer health, wellbeing and safety topics.

- Jessie Adams - Child Safety on Farms (PhD) (NCFH)
- Claire McKay - Filtering the Facts: A meta-analysis of risk factors for Chronic Kidney Disease of Unknown Origin (Honours) (NCFH)
- Jordan Walker - Agrichemical and Quad Bike Safety (Honours) (NCFH)
- Mariel Flores Lima - Emerging infectious diseases in light of climate change (PhD) (CeRRF/NCFH)
- Mary Malakellis - Developing a model of care for frequent potentially avoidable presentations to ED (PhD) (DRH)

CLOSING SESSION: Cultivating health, wellbeing and safety in the agriculture-dependent workforce: Strategies to future-proof the agricultural industry

3:15pm - 4:30pm
Torquay Room
Chair: Alison Kennedy

This final session will include presentations and questions from leaders in agriculture (including young farmers), rural research and rural health. This session is designed to highlight innovative thinking, inspire best practice approaches and identify areas for future growth in farmer health, wellbeing and safety.

- Gavin Merriman (Aurora Dairies)
- Emma Germano (VFF)
- Clay Gowers (Young Farmer's Advisory Council)
- Dr. Rachel Huxley (Deakin University)
- The Hon. Gayle Tierney (Minister for Agriculture)
- Dr. Alison Kennedy (NCFH)