



FREE FARMER HEALTH CHECK



**National Centre for Farmer Health
are partnering with Agriculture
Victoria to provide FREE farmer
health checks to all Field Day
visitors**

What's in it for you?

The 20-minute Health and Lifestyle Assessment is conducted by a trained agri health professional who understands farming life and work.

The Assessment Includes:

- Blood cholesterol test
- Blood glucose test
- Blood pressure test
- Eyesight check
- Height, weight and body mass measurement
- Information on your health, wellbeing and safety status and how to improve it

WHEN

**FRIDAY 8 APRIL
SATURDAY 9 APRIL**

WHERE

**SITE
E13**

