



**Do you want to learn how to identify, understand and assist people experiencing stress?**

## **Kingaroy**

Date: Thursday 20th June

Time: 9am - 12pm

Meal: Lunch will be provided from 12pm

Venue: Kingaroy RSL, Cnr Markwell St & Short St, Kingaroy

We are looking for farmers, community members and agricultural industry representatives who want to learn more about mental health and increase their capacity to help community members and farmers navigating ongoing seasonal challenges.

No prior experience with mental health or counselling required.

**Spaces are limited**

**email: [richard.henshaw@health.qld.gov.au](mailto:richard.henshaw@health.qld.gov.au) or phone: 07 4616 6760**

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