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Victorian Health Promotion Foundation

Bright Futures

Spotlight on the wellbeing of young people living in rural and regional Victoria



Young people health and wellbeing strategy 2017-2019

Action to support young people to take power in decision-making is central to VicHealth's strategy



Working with NCFH and YACVic Rural, we conducted workshops with 55 young people aged 16-25 years in two locations

Data61-CSIRO asked young people what the megatrends mean to them

Lauren McIlveen

The rising bar: Rising education and skill levels are creating a more competitive job market.



The range of education and employment options is narrower for rural and regional Victorians. Young people are under pressure to move away from home to gain opportunities.

What actions can we take to improve access to quality education and employment opportunities for young people in rural and regional areas?

Lauren McIlveen

The rising bar: Rising education and skill levels are creating a more competitive job market.



How can we better support young people from rural and regional Victoria to successfully transition from school to further education, or from education to work?

- *Encourage young people to try different things*
- *Engage with local industries to showcase a range of employment options*
- *Promote regional training and education*
- *Encourage young people to return once qualified, eg. through job support*

Let's consider

What actions do we need to take across-

*education
employment
diverse communities
online, and
in mental health support*



*To ensure the wellbeing of young people in rural
and regional Victoria?*