

Sustainable Farm Families

Action planning and being SMART

Learnings

Now you have completed the workshop, please answer the following questions and discuss answers in your table group.

1. What are the 3 most important learning's for you as a result of participating in this program (over the three workshops)?

Action planning

1. Remember to be **SMART** (specific, measureable, attainable, realistic and timely)
2. Write down up to 3 actions you plan to commit to including what and how
3. Discuss these actions in your table groups and be prepared to share at least one of them.

Keeping yourself on track?

- Will you be able to sustain your learning and the healthy practices which you have developed, now this program has finished?
- What kind of ongoing support would be useful for you?
- Where would you look for this support?

Making the learning available to others?

- Do you have any thoughts on how this program might be best extended in the future, to other farming groups, or industries?

Thank-you for participating in Sustainable Farm Families

Before you leave today please complete and return

- Program Evaluation Form
- Ensure we have your email address
- Action plans - you will be contacted by the project in the next few weeks

Finally - Good Luck with your resolve

*Remember no point in having a better bottom line if
you are not there to enjoy it*

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Good-bye, thank you and stay in touch



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