

How to login and access the SFF™ Trainer Resource Centre.

You will receive an email with your username and a link to set your password.

The link will take you to the website and offer a complex password option. You may choose to keep this, or select your own.

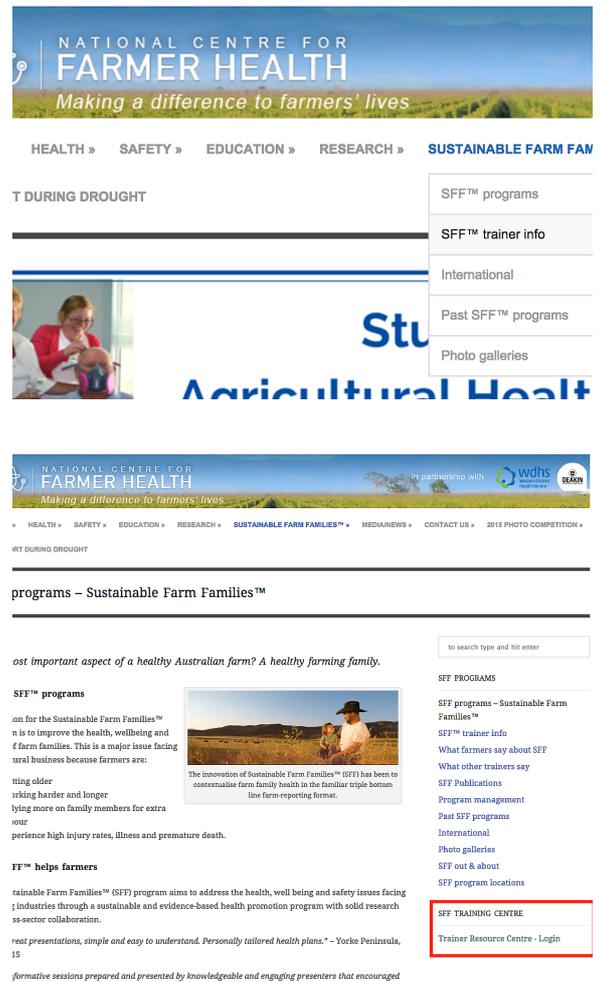
Once you have saved your password, you can log in here: <http://bit.ly/SFF-TrainerResourceCentre>

The 'Trainer Resource Centre - Login' page can also be found in the sidebar menu on the SFF™ Trainer Info page, located under the Sustainable Farm Families™ menu.

If you are not logged in, do so using the details you have just confirmed.

Once logged in, you will be able to update your details, and access the workshop documents as they become available.

If you forget your password, you can reset it using the 'Forgot Password?' option on the login page.

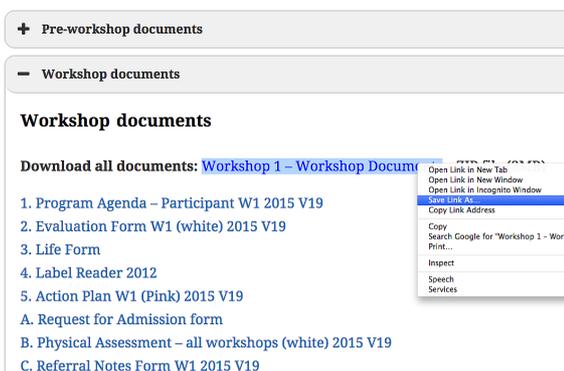


How to download and save files

Each workshop is divided into several sections:

- o Pre-workshop documents
- o Workshop documents
- o Post-workshop documents
- o PowerPoints (in PDF format)

Workshop 1



To save individual files:

- o Right click on the linked file name
- o Save As...

All documents for each section can also be downloaded as a ZIP file.

Right click on the linked file name (at the top of each section)

- o Save As...
- o Navigate to the recently downloaded file and un-zip the contents.
- o With some systems, unzipping the contents is as simple as double clicking the ZIP file. Otherwise you may need to right click and choose the appropriate option.