**SUSTAINABLE FARM FAMILIES SUPPORT FARMERS FACING AGRICULTURAL CHALLENGES**

Farmers from (local town name) / (name the industry group) will soon have the opportunity to participate in the Sustainable Farm Families™ (SFF) program, which focuses on the health, wellbeing and safety of farm men, women and their families.

An award winning program, SFF involves interactive workshops which address health, well-being and safety issues and reinforce the importance of your health in the context of your farm business. The program is practical and has straightforward advice that has proven life changing for many participants.

Insert Health Agency will be running the insert name workshop on insert date at the insert location.

Local registered nurse insert name, said for many farming families the xxxxx earlier this year, combined with other agricultural challenges, mean they are under continued pressure.

“These challenges continue to affect their lives; and through Sustainable Farm Families™ we are helping people get through that by providing practical information and advice,” insert name said.

Farmers who have completed the SFF™ program have reported that it enhanced their overall health, wellbeing and safety with everything from better eating to improved farm safety practices. Some also found that they were able to make better decisions because they had a new perspective of how important their health, wellbeing and safety and families were in their lives.

The Sustainable Farm Families™ program is an initiative of the National Centre for Farmer Health, delivered in partnership with the xxxxxxxxxxxxxxxx.

Farmers interested in attending should contact insert name on insert telephone number. More information on the program can also be obtained from the National Centre for Farmer Health on (03) 5551 8533 or visit [www.farmerhealth.org.au](http://www.farmerhealth.org.au)

Media Contact: Insert Name of Health Professional organising program

Photo Caption: Insert