EDMH looks towards Sustaining Farm Families



Stu Willder from Western District Health Service, Pauline Kelly (Edenhope District Memorial Hospital) and Cath McDonald (Lowan Rural Health Network).

The Edenhope District Memorial Hospital (EDMH) has recently been successful in attracting funding through the Western District Health Service (WDHS) and the Department of Human Services to run the very successful Sustainable Farm Families Program in the region.

Health professionals Cath McDonald and Pauline Kelly recently attended training in Hamilton to become skilled at and increase their own knowledge in delivering the Sustainable Farm Families program.

The training will now enable them to deliver the program for the EDMH.

Cath McDonald found that the training program was beneficial as it made the connection between farm family health and the farm business.

"It was highly relevant to farm family needs. The program also integrated with the health promotion goals of Edenhope Hospi-

The Sustainable Farm Families program is an award-winning initiative of Western District Health Service, Hamilton.

The program addresses

the health, well-being and safety issues facing farm families through health awareness and education workshops.

Farmers are responsible for the continuing success of the program by helping to shape the framework, therefore it is highly relevant to farm family needs.

Over 1000 farmers nationally have partici-

pated in the SFF program and it is vital to them to be able to access up to date and accurate health, wellbeing and safety information that recognises the complexity of a farm busi-

Pauline Kelly said that both her and Cath were looking forward to taking the program and delivering it to the Edenhope and Apsley communities.



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