

# Award winner makes Stateline

THE award-winning Sustainable Farm Families program featured on ABC television program, Stateline, on Friday night and was repeated again on Saturday.

Tamara Oudyn and a film crew from Stateline spent two days in Dunkeld last week filming the program.

"The concept of Sustainable Farm Families appealed to Stateline because it's a prime example of the creative ways people are helping each other in rural communities. It was terrific to see just how much the farm families got out of the workshop," she said.

The program aims to develop the knowledge of farmers regarding their own health, well-being and safety with a focus on what practical steps can be taken to improve the lives of farm families and the impact this improvement can deliver to their farm businesses.

Sustainable Farm Families is an initiative of Western District Health Service and is delivered in partnership with the Department of Primary Industries (DPI).

Farmers who attended came from Dunkeld, Woodhouse

and surrounding areas and became aware of the opportunity through the Glenthompson Dunkeld Football Netball Club (GDFNC). GDFNC applied to run the program, as the majority of their members were from farming

families and represented a wide cross-section of agricultural enterprises, including viticulture, prime lambs, wool, beef and cropping.

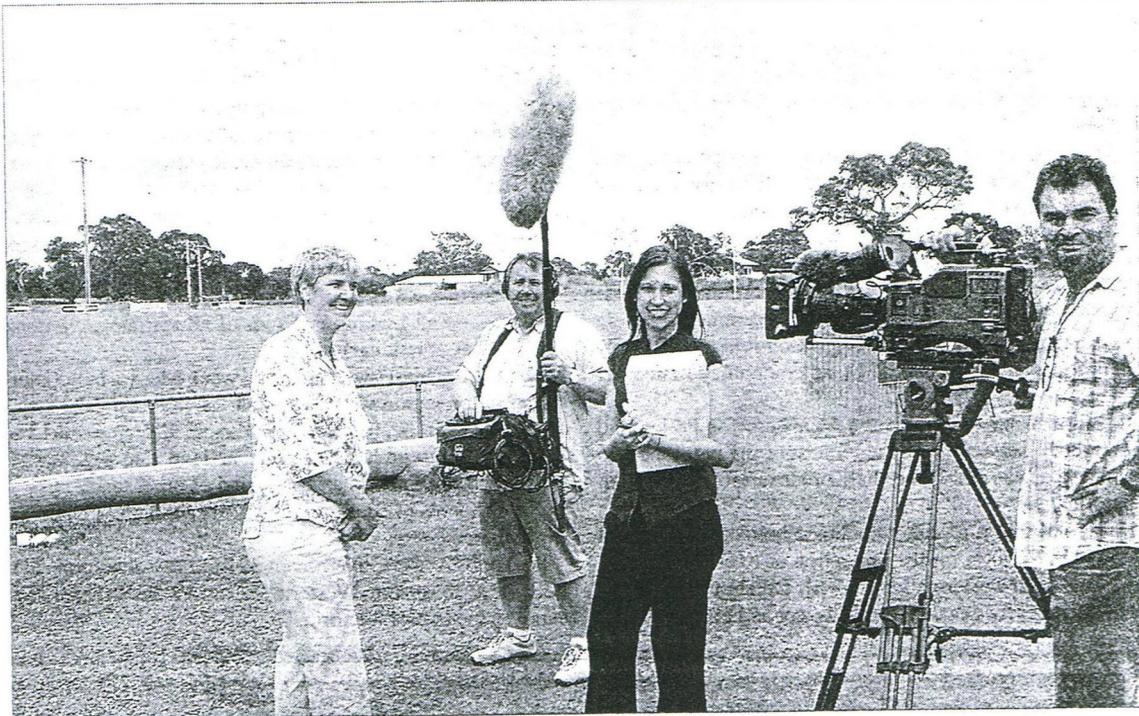
Farmers who have completed the program have reported their overall

health was enhanced, from everything from better eating to improved farm safety.

Some also found that they were able to make better decisions because they had a new perspective of how important their health

and families were in their lives.

All participants will return to complete another two-day workshop in 12 months, again receiving a health assessment so they can track their health indicators over time.



WOMEN'S Health Nurse, Sue Watt (left), being interviewed with sound recordist, Bill Whiteside, journalist Tamara Oudyn and cameraman Kris Nund.

Pic: SUPPLIED