



Susan Brumby, John Martin and Stuart Willder are looking forward to returning to Wee Waa and Dalby to work with Cotton Farm Families

Western District Health Service

National Centre for
Farmer Health



Looking back, moving forward – sustaining farming families

CRDC is going back to the future through the running of new Sustainable Farming Families Future Directions workshops.

The pilot course was first staged in 2006-07 in Wee Waa and Dalby, with excellent attendance and glowing reviews from participants.

The latest round of workshops will be the third since 2006.

CRDC's Helen Dugdale said the original workshops and subsequent

follow-ups were a tangible, industry-leading example of how to get the crucial message of farming family health and wellbeing to farming families in the most effective way.

"We are very excited to obtain the investment to run this extra workshop in Wee Waa and Dalby and to have organisers Susan Brumby, John Martin and Stuart Willder back with us," Ms Dugdale said.

"These extra workshops will help give vital feed-back to individuals involved and also to industry on the health outcomes and viability of a program like Sustainable Farming Families, for people involved in growing cotton"

"A hands-on workshop with a further physical assessment and check up, where questions can be asked and answered, will help ensure the unique demands of the agricultural lifestyle and work environment can

be successfully managed."

The workshops will be held on March 2 in Wee Waa NSW and March 3 in Dalby.

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