

and feedback's 'fantastic

VICTORIAN Department of Primary Industries Sustainable Farm Families (SFF) project manager, Tracey Harper, Tatura, says the feedback from the SFF programs has been fantastic.

"Often farmers are a bit reluctant to attend the workshops, but they realise there is a link between their health and wellbeing and being able to run the farm better," she said.

National Centre for Farmer Health director, clinical associate professor Susan Brumby, said the program was started in 2003 because

of the stark reality of seeing young men and women with health problems and injuries they shouldn't have had.

"The workshops help farmers realise health is a key to running a business," she said.

The SFF program in Victoria is funded by the State Government's \$205 million Future Farming Strategy, and is an initiative of Western District Health Service, Hamilton, delivered in partnership with the Victorian DPI.

Many programs are now being run Australia-wide.