

We are family – original group reunites

THE original Sustainable Farm Families group were reunited this week to assess their health improvements.

The national centre for Sustainable Farm Families director Sue Brumby said six years had now passed since the program was initiated.

“We started the program here in Hamilton and now it has become Australia-wide. We’ve been funded to bring back the original group to see how far they’ve progressed.

“They’ve made changes to their life – how they eat, how they exercise, use of agri-chemicals, safety, all those things.

“Some are living off farm income, some have retired.”

Mrs Brumby said the program was successful on a national scale.

“We did this in Benalla earlier this week, we’ve done two in New South Wales and Queensland. It’s interesting to see how they get the information, how it’s been reinforced and reinforced over the years and now we’ve asked them back to see how they’ve improved.

“We’re really happy to have them back and they’re all happy to see us.”



ALL together now – the original Sustainable Farm Families group got together this week to assess their health improvements as the program moves Australia-wide. 091126aK03



MEN'S health expert Stu Willder is pictured with Sue Brumby and LaTrobe centre for sustainable regional communities director professor John Martin. 091126aK04