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Farmer health

AN EXTRA 500 farmers will get access to free health assessments and workshops.

Agriculture Minister Joe Helper said the State Government's Sustainable Farm Families program had already worked with almost 1000 farmers across Victoria.

"As a result of its success, further workshops will be rolled out over the next four years," he said.

Sustainable Farm Families' workshops cover a range of health topics including cardiovascular disease, cancer, diabetes, stress, depression, anxiety, nutrition and exercise.

Farming industry and community groups are encouraged to contact Department of Primary Industries on 136 186 if they would like to attend the program.